## Ancient Wisdom 2.0 Setup.

## Note:

You will need to have QuickTime for Windows installed on your computer to play the movies. QT 2.0.3, is included on the CD and you will find it labeled as QTINSTAL.EXE. Double click the file and it will install itself in the proper folders

A double speed CD-ROM drive is recommended.

You need 8 megs of RAM to run Ancient Wisdom.

- 2. Set your monitor to 256 colors 640 X 480 display.
- 3. To launch Ancient Wisdom double click on A\_WISDOM.EXE.

You do not need to install the application to your computer. It will run from the CD.

## Ancient Wisdom works like a book.

After launching Ancient Wisdom, you will arrive at a final check list to remind you of the setup procedures.

Click **Exit** to Quit the program and then make the necessary changes. (the check marks are only reminders and do not show your current setup)

If everything is in order, click on **OK** and you will arrive at the table of contents. Here, you can select a chapter or a specific page by clicking on the slider at the bottom titled **"GO TO PAGE."** This will take you directly to any specific page in our journal.

Select **"INDEX"** in the top right corner for a selection of the topics that are explored on the CD-ROM.

Select "HELP" for a short guided tour. We suggest starting with "Preparing for the Journey."

Once you have started exploring the journal pages, move your mouse over the pictures. If it lights up, click on it once to get more information. Clicking once again off the picture or at the bottom center of the page returns you to the original page. Spinning symbols contain hidden information if your mouse turns into a "+" sign or if it reacts to your mouse.

In the bottom corners of the master pages, hidden arrows appear if you move your mouse there. If you click on it, the page will turn to the next or previous page.

In the bottom center, an icon for the "Table of Contents" will appear if you move the mouse there. This takes you back to the Table of Contents.